

# Benbrook Medical and Sleep Center

320 Mercedes Street  
Benbrook, TX 76126  
817-249-7323

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

## Fatigue Severity Scale

During the past week, I have found that:

Disagree ----- Agree

- |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|
| 1. My motivation is lower when I am fatigued.                     | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 2. Exercise brings on my fatigue.                                 | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 3. I am easily fatigued.  | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 4. Fatigue interfaces with my physical functioning.               | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 5. Fatigue causes frequent problems for me.                       | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 6. My fatigue prevents sustained physical functioning.            | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 7. Fatigue interferes with carrying out certain responsibilities. | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 8. Fatigue is among my three most disabling symptoms.             | 1 | 2 | 3 | 4 | 5 | 6 | 7 |
| 9. Fatigue interferes with my work, family or social life.        | 1 | 2 | 3 | 4 | 5 | 6 | 7 |